



August 20, 2018

Dear Parents:

Welcome to dining services with Metz Culinary Management. We are proud to be the new foodservice providers at St. Patrick School and look forward to providing the highest level of service to your children this upcoming school year.

Our commitment to students begins with several programs for the school year. We use proven cooking methods to create great tasting meals that kids really enjoy while improving nutrition at the same time.

Our lunch options include products such as fresh vegetables, whole grain breads, whole wheat pasta and pizza dough, baked white meat chicken and other entrées that your child will love while providing them with a more nutritious meal. Our snack menu includes a variety of fresh and dried fruits and reduced calorie sweet and savory snacks that provide the taste that kids love, but are more nutritious for them and meet all wellness guidelines.

At Metz Culinary Management we understand the importance of proper nutrition training to the health and well being of school-age children, so we place special emphasis on nutrition education in every school we serve. We have created our **Live Well program**, a combination of educational programs that work in conjunction with our menu to help students develop healthy eating habits that will last a lifetime!

Live Well

Wellness Friends focuses on making nutrition education and healthy eating an interesting experience through the use of age-appropriate educational programs and monthly promotions.

Nutritious Friends, the introduction of different fruits and vegetables each month in menu items and special promotions.

Nutritious Friendly Snacks - not only great tasting, but great for you. The Nutritious Friendly Snack Program encourages healthy snack choices. Our team of dietitians follows stringent guidelines as they carefully select healthy snacks for the program.



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Wellness Education Programs are designed by our registered dietitians and tailored to each age group. While younger children are taught the importance of MyPlate guidelines teenagers are more interested in learning about the dangers of fad dieting.

We are proud of our relationship with St. Patrick School and are honored and proud to serve your children. Please feel free to contact me with any questions or concerns.

Sincerely,



Saint Patrick School
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Our Brands |



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