



DIOCESE OF HARRISBURG – SECRETARIAT FOR EDUCATION

4800 Union Deposit Road – Box 3553 • Harrisburg, Pennsylvania 17105-3553
(717) 657-4804 • FAX (717) 657-3790 • hbgiocese.org

Yearly Wellness Policy Compliance School Report

School: 2018-19

Location: St. Patrick School - Carlisle

Date: 7/11/19

* Has your school informed the school community and the public about the Wellness Policy? If yes, explain how

- Yes. At the beginning of the school year a newsletter is sent to every family briefly discussing the Wellness Policy. In addition, the school nurse meets with the Homeroom Parents to review the policy.

* Does your school have nutrition messages displayed throughout the school?

- Yes, there are posters displayed in the school cafeteria discussing nutrition. There are also nutritional posters on display outside of the school's Health Room.

* Does your school provide a list of healthy food and beverage alternatives to parents?

- Yes, on a monthly basis parents receive a hardcopy of the school menu listing not only the main meal but also alternatives as well as available fruits and vegetables. Milk and water are the beverages available.

* List activities and programs conducted to promote nutrition and physical activity:

- In addition to weekly PE classes, the students in grades PreK-5 have the opportunity to participate in daily recess. The school also participates, throughout the year, in various outside activities promoting physical exercise.

* Recommendations for policy/program revision:

- None

* Suggestions for improvement in specific areas:

- Incorporate an opportunity for recess or some type of physical activity for students in grades 6-8 on a daily basis.

M. Gronkiewicz, SPS RN 7/11/19
Signature of Principal/Date

Signature of Superintendent/Date